

Menus for February 2024

Bullock County School District (K-8)



This institution is an equal opportunity provider. Menus are subject to change.

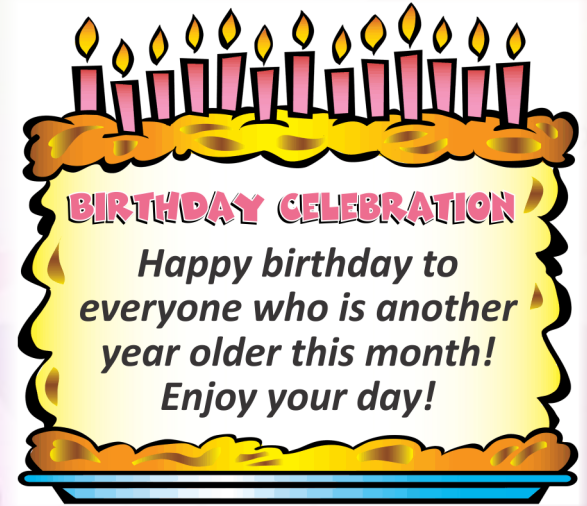


Thursday, February 1

Pizza, Assorted Corn on the Cob Broccoli & Cheese

Friday, February 2

Meatball Sub
Swiss Cheese, Sliced Crinkle Cut Fries Celery & Carrot Sticks
Cookie



Monday, February 5

Crispy Chicken Sandwich
Pickles
Carrot Sticks
Waffle Fries
Baked Beans
Ketchup, Single Serve
Mayonnaise, Reduced Fat
Mustard, Single Serve

Tuesday, February 6

Chicken Noodle Soup
Mixed Vegetables
Peas & Carrots
Crackers, Saltines, WG

Wednesday, February 7

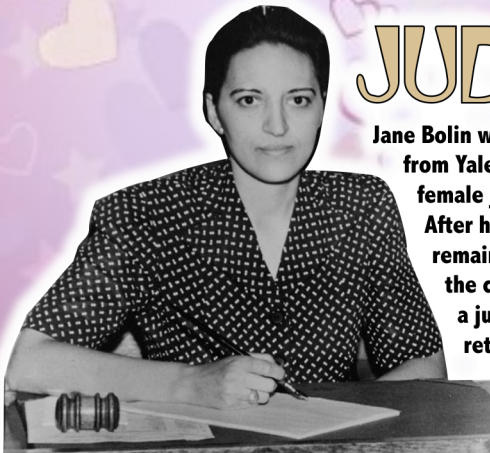
Salisbury Steak w/ Gravy
Mashed Potatoes
Lima Beans
California Vegetables
Cornbread

Thursday, February 8

Cheesy Pull Apart w/ Marinara Sauce
Corn, Whole Kernel
Broccoli & Cheese

Friday, February 9

Rotel Dip
Tortilla Chips, WG
Celery & Carrot Sticks
Mixed Vegetables
Jalapeño Peppers (SHMS)
Sour Cream



JUDGE JANE

Jane Bolin was the first black woman to graduate from Yale Law School and the first black female judge ever in the United States. After her appointment in 1931, she remained the sole black female judge in the country for 20 years. After serving as a judge for nearly half a century, she retired and volunteered as a reading instructor in New York City public schools before her death at 98 years old in 2007.

AFRICAN AMERICAN HISTORY MONTH

I am the letter

F



frog



Every complete meal we serve comes with your choice of lowfat or nonfat milk!



Monday, February 12

Cheeseburger
Crinkle Cut Fries
Baked Beans
Ketchup, Single
Serve
Mayonnaise,
Reduced Fat
Mustard, Single
Serve

Tuesday, February 13

Chicken Nuggets
Rice
Black Eyed Peas
Candied Yams
Cornbread (SHMS)
Honey Mustard
Sweet & Sour Sauce

Wed., February 14

Spaghetti w/ Beef
Corn on the Cob
Mixed Vegetables
Garlic Knot
**Chocolate
Strawberry
Tart**

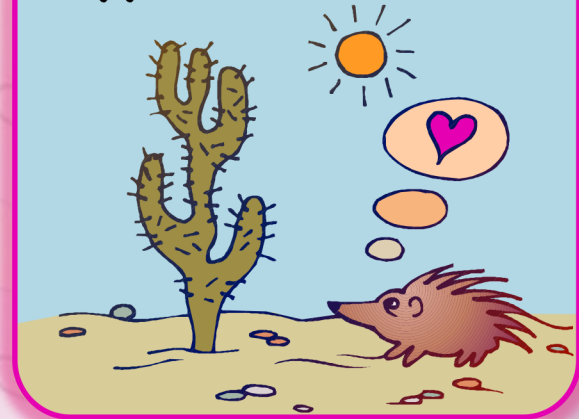
Thursday, February 15

BBQ Pulled Pork on
Bun
Baked Beans
Crinkle Cut Fries
Ketchup, Single
Serve

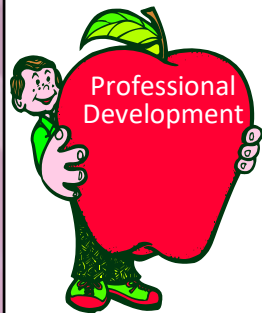
Friday, February 16

Hot Dog
Carrot Sticks
Crinkle Cut Fries
Baked Beans
Chili for Hot Dog
Nacho Cheese Sauce
Ketchup, Single
Serve
Mustard, Single
Serve

Happy Valentine's Day!



Monday, February 19



No School

Tuesday, February 20

Chili Con Carne
Grilled Cheese
Sandwich
Carrot Sticks
Broccoli, Steamed
Crackers, Saltines,
WG
Sour Cream

Wed., February 21

Baked Chicken
Rice
Italian Green Beans
Glazed Sweet
Potatoes
Roll (SHMS)
Hot Sauce, Packet

Thursday, February 22

Breaded Cheese
Sticks
Marinara Sauce
Corn on the Cob
Broccoli & Cheese

Friday, February 23

Hot Wings (SHMS)
Chicken Tenders
(USES/SHMS)
Crinkle Cut Fries
Celery & Carrot
Sticks
Roll (SHMS)
WG Chips, Assorted
Honey Mustard
Sweet & Sour Sauce

Word of the Month

kind·ness

noun 1. goodness; benevolence
2. consideration for the feelings
and well-being of people other
than oneself 3. sympathy;
gentle helpfulness

Monday, February 26

General Tso Chicken
Fried Rice
Stir Fry Vegetables
Mixed Vegetables
Egg Roll, Vegetable

Tuesday, February 27

Taco Salad
Ground Beef
Tortilla Chips, WG
Queso Dip
Lettuce, Tomatoes
Jalapeño Peppers
(SHMS)
Refried Beans
Corn, Whole Kernel
Sour Cream
Taco Sauce,
Individual

Wed., February 28

“Brunch”
Cheese Grits
Scrambled Eggs
Sausage Links
Roasted Potatoes,
Diced
Glazed Carrots
Biscuits
Jelly, Assorted

Thursday, February 29

Pizza Crunchers
Marinara Sauce
Corn on the Cob
Broccoli & Cheese

Floo Powder?

Harry Potter and his pals use magical FLOO Powder to move around their world, but in our world there's no magic cure for the FLU. But there are three ways you can help keep yourself and others healthy during flu season.



1 Wash your hands frequently.



2 Cover up when you sneeze or cough.



3 If you do get sick, stay home.